

Content

Acknowledgements 25

Dedication 25

Forward 27

A Celebration of Cooking 27

Ingredients 31

Know Your Ingredients 31

About Beef 33

About Chiles 33

About Coffee 34

About MSG 37

About Onions 37

About Pepper 38

About Potatoes 39

About Fish and Shellfish 39

About Salt 40

About Vanilla 40

Saba and Balsamic 42

Hams and Salumi 42

Homemade Chili Powder 44

Important Cheeses 44

Olive Oil 52

Other Oils 52

Spices and Herbs 53

In the Kitchen 59

Accoutrements of the Kitchen 59

Baby Food 60

Cooking for Many 60

Garnishing Food 63

Rendering Fresh Lard 64

Safe Food Preparation 64

Shopping for Good Food 68

Sticky Bits and Marinades 71

Useful Information about Cooking 73

Using a Timer - Probe Thermometer 74

About Braising	75
About Roasting	75
Fine Dining Like Royalty	77

Menus 79

A Fine Southern Meal	79
A Light Summer Menu	79
Broiled Fish Dinner	79
Easter Dinner Menu	79
Festive Menu One	79
Chinese Night	80
Christmas Day Menu	80
A Tradition German Dinner Menu	81
A Down South American Dinner Menu	81
Dim Sum	81
Festive Dinner Two	82
Graduation Night Menu	82
Ham Dinner Menu	82
Holiday Brunch	82
Festive Menu Five for the Meat Lover	83
Festive Menu Six, Roast Leg of Lamb	83
Festive Menu Eight Hearty Winter Night	83
Festive Menu Nine Salmon Steaks	84
Thanksgiving or any Special Turkey Day Menu	84
Wine Lover's Menu 1	84
German Sausage with Kraut Menu	85
I Must Be Nuts Menu	85
Company 1 Menu	85
Company 2 Menu	85
Easy Guest Menu	86
Mexican Dinner for Company	86
Romantic Menu for a Special Occasion or Good Friends	86
Thai Menu	86
Planning Your Own Menu	87

Appetizers 89

Aioli Appetizer Platter	89
Antipasto Italiana	89
Bacon Banana Wraps, Kae's	89

Content

Big Water Grill Chanterelles in a Demi-glance and Pumpkin Risotto Croquettes	89
Bagno Caldo	90
Brined Barnier Picholine Royale Grande Green Olives	90
Brined Marinated Andalusian Green Olives	91
Bruschetta di Arugula	91
Bruschetta di Pomodori Basilica	92
Bruschetta Smoked Salmon	92
Bruschetta or Crostini	92
Bruschetta Sun Dried Tomato and Roasted Garlic Pesto, Leslie Baribeault's	93
Buffalo Wings	93
Calamari with Caper Garlic Mayonnaise Sauce	93
Cheese Crisps	94
Cheese Wafers	95
Chinese Spring Rolls	95
Corn Cakes with Tomatillo Sauce	96
Corn Crisps, Kae's	96
Deviled Eggs	96
Dim Sum Spareribs with Black Bean Sauce	96
Figs-Salami Wraps with Tellagio Cheese	97
Fried Calamari Fritti	97
Garlic and Pine Nut Tarts	98
Gravelox or Cured Fresh Salmon	98
Glazed Vietnamese Chicken Wings	99
Guacamole Avocado Dip	100
Hog Island Oyster Recipes	100
Humboldt Fog and Cambozola Crostini	101
Italian Cheese Pâté, Kae's	102
Liver Pate, Kae's Baked	102
Liver Pate, Kae's Chilled	102
Marinated Herring, Kae's	103
Mozzarella in Carroza	103
Parma Ham with Cantaloupe (Prosciutto di Parma Con Melone)	103
Pâté au Maison - Mock Fois Gra	104
Poblano and Cheese Empanadas	104
Shumai Dumplings	105
Sun Dried Tomato Pesto with Brie, Ivy's	105
Sun Dried Tomato and Garlic Pesto	105
Pam's Berry Blue Cheese Spread	106
Potstickers	106
Ramaki	107

Roasted Red Bell Peppers (Peperoni dolci rossi arrostiti)	108
Roasted Red Pepper Garlic Dip, Debbie's	108
Santa Barbara Stuffed Pismo Clams	108
Salmon Medallions Béarnaise on Toast	109
Sashimi	109
Shrimp Bruschetta Flambé with Tarragon-Mustard Cream Sauce	110
Shrimp Dumplings, Har Gow	110
Spinach Dip, Judy Cestra's	111
Stuffed Medjool Dates	111
Taco Salad Platter	112
Terra Brava's Sautéed Portobello Mushroom	112
Thai Shrimp Spring Rolls with Thai Salad	113
Tomato Tart, Leslie Baribeault's Quick	114
Vicki's Hot Artichoke Dip	114

Beverages and Drinks 117

Bellini Cocktail	117
Blender Orange Juice	117
Caesar's Palace Forum Pineapple Vodka	117
Capri Peach Sunset	118
Cossack Cocktail	118
Curacao Orange Liqueur	118
Liqueurs of Distinction in Cooking	119
Hot Toddy	123
Layout Punch	123
Mai Tai's with Pineapple	123
Maya's Mango Margarita	124
Midori Illusion	124
Mojito	124
Mango Lime Gimlet	125
Sara's Bloody Mary	125
Scorpion Cocktail	126
Simple Sugar Syrup	126
Wine	126
Wassail Bowl	129

Beans 131

About Beans	131
Beans with Pasta (Cavatelli e Fagioli)	133

Content

- Boston “Baked” Ham and Beans 133
- Chuck Wagon Beans, Vicki's 134
- Kae’s Ham and Beans 134
- Cowboy Beans, Kae’s 134
- Frijoles Negro (Black Beans) 135
- Glen's Red Beans and Rice 135
- Lima Beans with Persian Dill 136
- Refried Beans 136
- White Beans and Rosemary 136
- Red Kidney Bean Salad 137

Chutneys and Preserves 139

- About Pickling 139
- Alton Brown’s Crystallized Ginger 139
- Basil Avocado Chutney 139
- Cocktail Onions 140
- Chow-Chow, Hillbilly Hide-A-Way’s 140
- Homemade Guanciale, Salt Pork 140
- Jalapeño Green Tomato Mango Chutney 141
- Kae’s Strawberry Jam 142
- Giada’s Onion Marmellata 143
- Moroccan Preserved Lemon Halves 144
- Mostarda Ala Stefano (Mustard Relish) 144
- Pickled Eggs 145
- Pickled Pigs Feet 145
- Pico de Gallo 145
- Sweet Pickle Relish 145
- Vietnamese Pickled Shallots (dua hành) 146

Breads and Muffins 147

- About Bread 147
- Almond Bread 157
- Blueberry Muffins 157
- Blueberry Corn Muffins 158
- Boston Brown Bread 158
- Bread Starter, Quick 159
- Bread Starter, Steve’s Not In a Hurry 159
- Cat Head Biscuits and Sawmill Gravy 159

Cheddar Scallion Drop Biscuits 160
Cinnamon Toast 160
Corn Bread Western 161
Corn Madeleines 161
Cummings Monkey Bread 162
Focaccia Pan Bread 162
Hush Puppies 163
Kae's Garlic Bread 164
Ledbetter's Lemon-Poppy Seed Scones 164
Melba Toast 165
Mexican Sweet Corn Cakes with Tomatillo Sauce 165
Pane Casareccio di Genzano (Roman homemade bread) 165
Injera 171
Kae's Parker House Rolls 171
Popovers 172
Hawaiian Electric Company Portuguese Sweet Bread 172
Rhode Island Johnnycakes 173
Steve's Herb Bread 173
Yorkshire Popovers 174

***Pizza* 175**

Basil and Garlic Pesto Pizza 175
Pizza Capriciosa 175
Margherita Pizza 176
Pizza Marinara Napolitano 176
Instant Pizza Dough 177
Quick Pizza Dough, Fleischmann's 177
Sourdough Pizza Dough 178

Eggs 181

About Eggs 181
Basil or Spinach with Wine, Potatoes and Egg 184
Eggs Benedict 184
Eggs in the Round 185
Farmhouse Pesto Eggs 185
Huevos Rancheros (Ranch style eggs) 186
Kae's Leek Quiche 186
Scrambled Eggs with Truffles 187
Shirred Eggs with Spinach and Bacon 187

Content

Spinach and Sage Sausage Mushroom Potato Pie 188

Pasta, Rice, Dressing, Crepes, Grains and Polenta 189

About Rice 189

About Stuffing and Dressing 191

Abruzzese Bucatini alla Amatriciana 191

Beef with Black Bean Sauce Chow Fun 192

Basmati Rice Persian Style (see About Rice page 189) 193

Buckwheat with Pancetta, Currants, Onions, and Garlic 193

Cannelloni Alla Romano 193

Crabmeat Ravioli 194

Dirty Rice 194

Fettuccine al Uova 195

Fettuccine Alfredo 196

French Noodles, Kae's 196

Fresh Whole Wheat Pasta 197

Fried Rice balls - Rice Suppli al Telefono 198

Gnocchi di Patate e Funghi Maitake con Vermouth 198

Joanna's Rice 199

Kae's Green Hawaiian Rice 199

Kae's Orange Rice 200

Linguine Malafemmena 200

Lotus Sticky Rice (Lo Mai Gai) 201

Macaroni and Cheese 201

Manicotti al Forno- Stuffed Shells 202

Maria's Garlic Pasta (aglio e olio pastasciutta) 203

Mexican Rice 203

Mushroom Risotto 203

Other Grains 204

Pad Thai 205

Pasta di Campagna 207

Pineapple Rice with Fresh Scallions 208

Polenta, Kae's 208

Polenta ala Romano 208

Polenta, Soft and Savory 209

Portuguese Fried Rice, Kae's 209

Ragu Genovese alla Campagna 209

Rice 210

Combination Fried Rice, Chinese 211

Glen's Red Beans and Rice 211
Rigatoni with Artichokes 212
Risotto alla Milanese (Saffron Rice Milan Style) 212
Risotto alla Romano (Roman Style) 213
Roman Style Lasagna or Lasagna Romana 214
Seafood Fettuccine 214
Spinach Gnocchi (Gnocchi Verdi) 215
Sourdough Apple Currant Sage Dressing 215
Spaghetti alla Carbonara 216
Spaghetti alla Puttanesca (Lady of the Evening) 217
Spinach Crepes 217
Steve's Pecan Saffron Rice with Herbs and Mushrooms 218
Tagliatelle with a Lamb Ragu Steeped in Red Wine 218
Tomato Sauce with Guanciale, Elena's 219
Wild Rice, Snap Peas with a Mushroom Confit and Andouille Sausage 220

Pancakes, Crepes, French Toast, and Donuts 221

Beignets 221
Bisquick Dollar Pancakes 221
Chinese Chive Pancake 222
Cranberry Pumpkin Bread French Toast 222
Crepes, Thin and Delicate 223
Homemade Bisquick Mix 223
Potato Pancakes from Bisquick 224
Malasadas with Turbinado Sugar 224
Red Currant Crepes 224
Rhode Island Johnnycakes 225
Savory Italian Toast with Onion Marmellata 225

Salads 227

About Salads 227
Ajad Thai Cucumber Garnish 227
Arugula Rocket Salad 228
Bean Salad with Seafood Recipes 228
Bib Lettuce Avocado Salad with Raspberry Yogurt Dressing 229
Caesar Salad 229
Chef's Salad 230
Chinese 5 Spice Vinaigrette 232
Chinese Chicken Salad 232

Content

Coleslaw	232
Eight Pepper Salad	233
Farallon Restaurant Warm Bloomsdale Spinach Salad	233
Black Figs, Radicchio, Prosciutto with Mint	234
Greek Celery Hearts, Kae's	235
Hot Avocados Salad	235
Hearts of Palm with Capers and Chive Herb Dressing	235
Insalata Caprese	236
Italian Agretti Salad	236
Lebanese Potato Salad, Kae's	236
Mango, Pear and Hearts of Palm Salad with Lime Vinaigrette	236
Panzanella Bread Salad	237
Pecan Chicken Salad with Grapes	238
Persian Shirazi Salad	238
Potato Salad, Simple	239
Potato Salad, Vicki's	239
Puglia Sardine Zucchini Salad	240
Puntarelle Chicory Salad	241
Red Potato and Roasted Pepper Salad	241
Roasted Piquillo Pepper, Anchovy Salad	242
Russian Dressing, Henri's	242
Salvadoran Cabbage Salad Curtido	242
Seckel Pear Salad with Mache Lettuce	243
Spinach Salad with Feta with Raspberry Honey Dijon	243
Shrimp Avocado Salad	244
Shrimp Salad, Jack's Bay	244
Spinach Salad with Pinenuts and Raspberry Dressing	244
Sugar Snap Pea Greens Salad	245
Tuna Salad with Roasted Piquillo Peppers	245
Vinaigrette	246
Vinaigrette Garlic Dressing	246

Sauces, Butters, Dip, Oils, Gravy, Marinade and Batter 247

About Butter	247
About Sauces and Gravy	248
Thickeners	250
Dressing Up Sauces	250
Achiote - Yucatan-style Red Sauce	251

Aioli **251**
Aioli, Moroccan **251**
Aioli Mayonnaise, Spanish **251**
Balsamic Mignonette **252**
Bagno Caldo Sauce **252**
Barbecue Sauce I **252**
Barbecue Sauce, Don Hughes' North Carolina **253**
Baribeault's Dried Tomato Mayonnaise **253**
Basil Flavored Oil **253**
Béarnaise Sauce **253**
Black Bean Sauce **254**
Bordelaise Sauce **254**
Brandied Hard Sauce **255**
Beurre Blanc **255**
Beurre Noisette **255**
Bourbon and Rum Sauce **256**
Brown Sauce **256**
Café de Paris Butter **256**
Caper Anchovy Butter **257**
Caper Garlic Mayonnaise Sauce **257**
Caramel Sauce **257**
Chile Colorado Sauce **257**
Chili Garlic Black Bean Hot Sauce **258**
Champagne Sauce **258**
Cranberry Sauce **258**
Crème Fraîche or French Clotted Cream **259**
Creole Mustard Sauce **259**
Dipping Sauce, Potsticker **259**
Enchiladas Sauce, La Milpa **259**
Elena's Sugo de Pomodori e Guanciale - Sauce of Tomatoes and Guanciale **259**
Fajita Sauce **260**
Garlic Batter **261**
Garlic Butter **261**
Garlic Flavored Oil **261**
Garlic Basil Balsamic Dip (Ailio, Basilica e Balsamica ala Piacere) **261**
Glazes **262**
Green Peppercorn Sauce **262**
Grilled Mango Avocado Salsa for Fish or Shrimp **262**
Hard Sauce, Brandied (see page 439) **263**
Hog's Breath Barber Shop Christmas Tamale Sauce **263**
Hollandaise Sauce **263**

Content

Home Made Applesauce	264
Homemade Mustard	265
Horseradish Sauce	266
Italian White Sauce with Cheese	266
Japanese Dipping Sauces	266
Jamaican Jerk Marinade	267
Jamaican Jerk Sauce	267
Lobster or Prawn Butter	268
Mango Pico de Gallo	268
Marinade for Egyptian Chicken	268
Marinara Sauce	268
Melba Sauce	270
Meuniere Butter (Parsley Lemon Sauce)	270
Mint Sauce, Au Jus	271
Miso Marinade	271
Miso Sauce	271
Mornay Sauce	272
New Orleans Brown Sauce	272
Newburg Sauce	272
Orange Sauce Bigarade	273
Parsley Butter	273
Parsley (or Cilantro) Sauce	273
Peggy's Bourbon Barbecue Sauce	273
Pesto Genovese Sauce	274
Plum Sauce	274
Piacere Restaurant's Garlic Basil Basalmic	274
Pineapple Mango Sauce	274
Pineapple Pepper Sauce, Kae's	274
Pizzaiola Sauce	275
Red Wine Reduction Sauce with a Demi Glace	275
Roasted Garlic Aioli Mayonnaise	275
Robert's Chicken Magic Marinade	276
Sambal Sauce	276
Sangria Port Sauce	276
Satay Peanut Sauce	277
Simplified Turkey Gravy	277
Soy Sauce	278
Spaghetti Sauce	279
Steve's Steak Sauce	279
Steve's Turkey Giblet Madeira Gravy	279

Sweet and Sour Orange Sauce 281
Sweet and Sour Sauce 281
Sweet Garlic Hot Sauce 282
Taco Sauce 282
Tamarind Chipotle Recado Sauce 282
Tamarind Sauce 283
Tartar Sauce 283
Tarragon and Mustard Flavored Cream Sauce 283
Tempura Batter 284
Teriyaki Sauce Marinade 284
Toasted Thai Chile Sauce – “Nam prik pao” 284
Thai Cilantro Dipping Sauce 285
Thai Mayonnaise Sauce 285
Tomatillo Sauce 285
Vietnamese Dipping Sauce (nuoc mam cham) 285
Worcestershire Sauce 286

Soup 287

About Soup 287
Beef Tendon Soup 289
Beef Shank Soup, Maria's 291
Beef Soup with Noodles or Barley 291
Bread Soup, Assunta's Calabrese 292
Cheese Soup, Kae's 292
Chanterelle Mushroom Leek Soup 293
Chicken Stock 293
Kae's Fresh Cold Tomato Soup 294
Cioppino or Cacciucco, Nani's 294
Cioppino Reginato 296
Corn Chowder 297
Corn Soup, Iroquois 297
Court Bouillon with Wine 298
Cream of Broccoli Soup 298
Cream of Sorrel Soup, Cafe Beaujolais 298
Cream of Tomato Soup 299
Dashi Stock 300
Egg Drop Corn Soup 300
Hot Pot Chicken Soup 300
Hot and Sour Soup, Fragrant Thai 301
Leek and Potato Soup (Vichyssoise) 302

Content

Mock Turtle Soup with Cream Sherry	302
Mussel Soup - Zuppa di Cozze	303
Pumpkin Soup, Creamy	303
Pork and Chicken Ramen	304
Pozole Rojo	305
Sicilian Pepper Soup	306
Castilian Garlic Soup	306
Split Pea with Ham Soup	307
Shrimp and Crab Bisque	307
Shrimp Crab Stock	308
Toshikoshi Soba	308
Stilton Soup	309
Fragrant Thai Fish Soup	309
Thai Shrimp Soup with Rice Noodles (Tom Yum Goong)	310
Turkey Minestrone Soup	311
Turkey Stock from Scratch	312
Vicki's Clam Chowder	312
Wor Wonton Soup	313

Chicken and Fowl 315

Baked Rosemary Duck with Apricot Preserves and Vermouth	315
Buttermilk Kentucky Fried Chicken	315
Chicken Drumettes Hunan Style	316
Chicken, Egyptian BBQ	316
Chicken, Ottaviana's Oven Fried	316
Chicken Rosemary in Wine and Onions, Mariann's	317
Coq au Vin	317
Duck al'orange	318
Greek Lemon Chicken	319
Grilled Pecan Smoked Chicken	320
Holiday Roast Turkey	321
Kae's Chicken and Avocado Tostados	325
Kae's Chicken Satay	325
Kae's Chicken Enchiladas Suiza (Swiss)	326
Kay's Perfection Roast Chicken and Potatoes	326
Kay's Chicken Liver Pate	327
Mexican Rice and Chicken Casserole	327
Moo Goo Gai Pan - Chicken and Mushrooms	328
Quail with Balsamic Onions	328

Roasted Pasilla Chicken **329**
Rock Cornish Game Hens **329**
Southern Smothered Fried Chicken **330**
Spanish Chicken with Olives and Wine **330**
Tender Teriyaki Breasts of Chicken **331**
Thai Green Curry with Chicken **331**
White Chicken Sausage with Mushrooms **332**

Fish and Seafood 335

About Shrimp **335**
Ahi Tuna, Blackened **336**
Apple Shrimp Jambalaya **337**
Baked Stuffed Bass **337**
Bari Seafood Bake **339**
Clams with Black Bean Sauce **339**
Clams in Garlic Wine Sauce **339**
Crayfish New Orleans (Bob's Doodahs) **340**
Crispy Flounder **341**
Dynasty Chinese Crispy Fish **341**
Fandango's Basques Scampi **342**
Fish Market Large Prawns with Garlic Butter and Pasta **342**
Grilled Salmon Patties with Champagne Sauce and Capers **343**
Hawaiian Electric Company Shrimp Canton **343**
Honey Walnut Shrimp **344**
Lobster Thermidor **344**
Maya Lobster and Shrimp **345**
Miso Tiger Prawns **346**
Poached Microwave Fish **347**
Steve's Chicken and Seafood Paella **347**
Poached Fish **349**
Roasted Bounty of the Sea (L'arrosto del Misto di Mare) **350**
Salmon with Orange Honey Mustard Sauce **350**
Salt and Pepper Tiger Prawns **350**
Scampi ala St. Helena **351**
Shrimp and Summer Vegetables Kebabs **352**
Shrimp Hunan **352**
Stephanie's Salmon Steaks **353**
Ukulele Grill Crab Cakes with Jalapeños **353**

Content

Beef & Other Courses 355

- Beef and Bok Choy Hot Pot 355
- Beef Bourguignon 355
- Beef Stroganoff 356
- Bolognesi Style Braised Pork Shoulder 357
- Braised Pot Roast 358
- Braised Short Ribs with Ginger 358
- Cantonese Pork, Char Siu 359
- Cotoletta alla Milanese Breaded Veal Cutlet 359
- Chateaubriand Steaks 360
- Chateaubriand Tips and Summer Vegetables Kabobs 360
- Chile Colorado 361
- Chile Verde 361
- Corned Beef Hash 361
- Crown Roast of Lamb 362
- Fresh Corn Tamales (Kay's) 362
- Grilled Burgers 363
- Holiday Ham 364
- Italian Sausage 365
- Kae's American Spareribs 366
- Kae's Cantonese Leg of lamb 366
- Kae's Deviled Beef Bones 367
- Kae's Enchiladas Suiza (Swiss) 367
- Kae's Fresh Corn Tamales 367
- Kae's Ham ala Cream 368
- Kae's Ham Loaf 368
- Kae's Osso Buco 368
- Kae's Roast Leg of Lamb 369
- Kae's Spareribs II 369
- Kae's Steak and Kidney Suet Pudding 370
- Kae's Tamales 370
- Kay's Different Liver Pate 371
- Kay's Mousaka 371
- La Milpa Enchiladas 371
- Lamb Chops 372
- Lamb Riblets with Curry 373
- Lamb Riblets, Honeyed with a Dipping Sauce 373
- Layered Pork Chops and Potatoes 374
- Linguisa - Portuguese Sausage 374

Mary Ponsart's Italian Meat Balls **375**
 Pupusas **375**
 Pork Clay Pot **376**
 Pork Cutlets Greek Style **377**
 Pork with Ginger, Steamed **377**
 Prime Rib Roast **378**
 Prime Time for Steak **378**
 Rabbit Hunter Style - Coniglio alla Cacciatora **379**
 Roast Beef Hash **379**
 Roast Lamb Abbacchio al Forno **380**
 Roast Pork Chops **380**
 Rump Roast, Beef **381**
 Santo Domingo Stew **381**
 Scottish Meat Pie (Forfar Bridie) **382**
 Slanted Door Barbecued Pork Spare Ribs **382**
 Smothered Pork Chops with Potatoes, Kae's **383**
 Spencer Steak with Rosemary and Cabernet Sauvignon **384**
 Spicy Ginger Beef with Black Bean Sauce **384**
 Steve's Oxtail Stew or Elephant Stew in the Jungle **385**
 Steak (Bistecca) alla Pizzaiola **386**
 Succulent Pork Shoulder Roast **386**
 Sweet and Sour Pork **386**
 Szechuan "Bear Paw" Tofu **387**
 Sweetbreads in a Plum Sauce for Two, Kae's **387**
 Veal Chops ala Milanese (Cotolette) **388**
 Veal Marasala **388**
 Veal Scallopini Piccata **389**
 Vicki's Meatloaf **389**

Sandwiches and Burritos 391

Apple Chicken Salad Sandwich **391**
 Banana Bacon Cinnamon Cheese Sandwich **391**
 Baja Fish bolillos with Tomatillo Mayonnaise **392**
 Baja-style Fish Tacos **392**
 Carne Asada Chili Rellenos Sandwich **393**
 Chile Relleno Burritos **393**
 Corn Beef Hash Sandwich with Egg **395**
 Fajitas, Pork **395**
 Granny's Toasted Ham Sandwich **395**
 Holiday Ham and Cheese Sandwich with Pineapple **396**

Content

- Hot Tuscan Salami Sandwich with Roasted Peppers 396
- Roast Leg of Lamb Sandwich 397
- Toasted Egg Salad Sandwich 397
- Turkey Sandwich 397
- Vietnamese Street Sandwich (bahn mi) 398
- Warm Pepper Jack Meatloaf Bolillos Roll 398

Cookies and Candy 399

- Almond Butter Strip Cookies, Kae's 399
- Almond Crunch Candy 399
- Baking Biscotti 399
- Blanched Almonds 400
- Brysee Cookie, Kae's 400
- Butterscotch Caramels, Kae's 400
- Chocolate Chip Cookie 401
- Chocolate Lace Cookie 401
- English Toffee, Kae's 401
- Iced Lemon Cookie, Kae's 402
- French Cat's Tongues - Langues de Chat 402
- Fundamental Drop Cookies 403
- German Lemon Rings, Kae's 403
- Gingersnaps 404
- Lemon Drop Cookies 404
- Macaroons, Kae's 404
- Melting Moments, Kae's 405
- Maude's Old Fashion Chocolate Fudge 405
- Peanut Brittle 405
- Oatmeal Raisin and Walnut Cookies 406
- Scandinavian Almond Cookies 407
- Spritz Cookies, Kae's 407
- Stephanie's Holly Cookies 408
- Sugar Cookies 408
- Swiss Butter "5's", Kae's 409
- Walnut Cookie, Kae's 409
- Walnut Wafers, Kae's 409

Desserts and Pastry 411

- About Cakes 411

About Sugar 412
Almond Paste 415
Apple Charlotte, Kae's 415
Apple Crisp, Kristy's 415
Apple Pie, Steve's 416
Apricot Glaze 417
Apricot Upside Down Cake, Kae's 417
Apricot Fried Pies 418
Avocado Pie, Kae's 418
Baked Pears, Kae's 419
Banana Angel Cake, Kae's 419
Banana Bread 420
Bananas Flambé 420
Banana Fritters, Kae's 421
Bananas on Raspberry Sauce 421
Banana Pudding 421
Basic Yellow Cake 422
Basic Souffle, The Old Bath House Restaurant 422
Basic White Cake 423
Berries or Tree Ripened Fruit 423
Bisquick Strawberry Shortcakes 424
Boysenberry Pie, Mrs. Knott's 424
Bread Pudding, Old Fashion 425
Breakfast Puff Pastry Delight 425
British Mincemeat 426
Brownie Sunday 426
Butter Pie Crust 427
Buttercream Frosting 427
Cake Suzette 429
Carb Conscious Cheesecake 429
Carrot Cake, Kae's 429
Cheese Blintzes with Crème Fraiche 430
Chocolate Cake with Orange Icing 431
Chocolate Truffles, Kae's 431
Cinnamon Buns 431
Classic Butterscotch Sauce 432
Classic Crème Brule 433
Coffee Custard with Caramel Sauce 433
Contreau Souffle for Two, Kae's 434
Crepes 434
Crepes, Bardelli's Apple 435

Content

Crepe Suzettes à la Maître d'Hôtel	435
Danish Pastry	436
Danish Pastry Dough	436
Devil's Food Cake, Kae's	437
Elderberry Blossom Fritters	438
English Plum Pudding, Kae's	438
Federico's Strawberry Cake	439
Festival Fruit Salad	440
Figs And Sweet Mascarpone Cheese	440
Flourless Chocolate Cake	440
Fried Cream, Kae's (Crema Fritta alla Veneziana)	441
Gelato, Chocolate	441
Gelato, Fruit	441
Gingered Root Beer Rum Sauce	442
Hersey's Buttercream Chocolate Frosting	442
Ice Cream and Gelato, About	442
Icing, Boiled	444
Icing, Caramel	444
Icing, 7 Minute	444
Jamaican Wild Orange Icing	444
Lemon Custard Pie, Kae's	445
Lemon Meringue Pie	445
Lemon Pound Cake	446
Lemon Tart with Raspberry Sauce	446
Light Lemon Mousse	447
Little Brown Cakes	447
Lori's No Frills Cheese Cake	448
Meringue Shell	448
Meringue for Cake Topping	449
Meyer Lemon Souffle, Kae's	449
Mother's Mincemeat Pie	449
Mountains of Salzburg	450
Nectarines with Cointreau with Heavy Cream	451
New York Style Cheesecake	451
No Sugar Raspberry Sauce	452
Orange Chiffon Cake, Kae's	452
Orange Jamaican Rum Cake	453
Pavlova	453
Pastry Cream, Kae's (Cream Patissiere)	454
Pastry Cream of Chestnut Flour	454

Pears in a Pomegranate Ginger Sauce **454**
Pear Pie, Kae's **455**
Pie Crust, Kae's Flaky **455**
Pie Crust, Kae's Press In Butter **456**
Pineapple Empanadas **456**
Praline Powder **457**
Puddings and Custards **457**
Pumpkin Bundt Cake, Binky's **457**
Pumpkin Pie, Kae's **458**
Pumpkin Pie, Lori's **458**
Rice Pudding **458**
Stabilized Whipped Cream **459**
Sweet Potato Pie **459**
Tapioca Pudding, Indian **459**
Tart Dough **460**
Tarte Tatin **460**
Thai Fried Bananas **461**
Trifle **461**
Vanilla Almond Ice Cream, Kae's **461**
Vanilla or Chocolate Bavarian, Kae's **462**
Vicki's Family Cheese Cake **462**
Whipped Cream **462**
White Wine Cake - Torta a Vino Bianco **463**
Wine Poached Peaches **464**

Vegetables 465

Adas Polo Persian Lentils and Basmati Rice **465**
Ardeshir's Persian Dried Yellow Onions **465**
Baby Zucchini Blossoms **466**
Baked Corn Pudding **467**
Balsamic Broiled Baby Onions **468**
Bavarian Sauerkraut **468**
Boiled Artichokes **468**
Belgium Fried Potatoes **469**
Blanched Vegetable Rainbow **469**
Braised Curried Carrots and Onions **470**
Braised Red Cabbage with Apples **470**
Breakfast Rustic Potatoes with Wine and Rosemary **470**
Broccoli (Aspirations) **471**
Broiled Potato Slices, Kae's **471**

Content

Broiled Tomatoes with Cheese, Kae's	472
Cabbage and Leeks	472
Catalan Potatoes, Sautéed	472
Chinese Broccoli (Gai Lan) with Oyster Sauce	473
Corn Oysters, Kae's	473
Corn Pudding, Kae's Country	474
Corn Soufflé	474
Da Felice Artichokes Roman Style (Carciofi Alla Romano)	475
Eggplant Stuffed Peppers with Pancetta	476
Eggplant and Peppers or Mellanzani Peperonata	476
Eggplant Lasagna Roman Style or Mellanzani Ala Romano	476
Fava Beans, Potatoes, Onions, and Tomatoes	478
Festive Creamed Onions	478
Fresh Baby Peas	479
Garden Fresh Tomato Cheese Pie	479
Green Eggplant, Broiled	480
Garden Fresh Steamed Green Beans	480
Hawaiian Ginger Carrots	480
Hash Browns	480
Holiday Candied Yams	481
Hungarian Fried Cabbage and Noodles	481
Jamaican Oven Roasted Onions	481
Kae's Chinese Peas and String Beans	482
Kae's Hunan Eggplant	482
Kae's Sauerkraut	483
Italian Leek Tart	483
Lentils	484
Maitake Hen of the Woods Mushrooms	485
Maui Tobacco Onions	485
Mixed Grilled Vegetables ala CIA	485
Mushroom Saute	486
Mushroom and Garlic Stuffed Eggplant	486
Mushrooms Grilled with Vegetables	487
Parsnips, Shoestring with Parsley Butter, Kae's	487
Persian Eggplant with Dried Onions and Yogurt	488
Potatoes Anna (Pommes de Terre Anna)	488
Potatoes de La Pyramide - Fernand Point	488
Potatoes Gratin Dauphinois	489
Potatoes, Purple Majesty	490
Red Cabbage Caramel, Kae's	490

Roasted Red Garnet Yams	491
Roasted Acorn Squash with Brown Sugar Butter	491
Roast Poblano Chilies	491
Roman Roast Potatoes with Rosemary	492
Rutabaga Casserole, Kae's	492
Slow Roasted Garlic Tomatoes	492
Spinach Florentine, Kae's	493
Spinach	493
Steamed Stuffed Onions, Kae's	494
Spinach and Sorrel Soufflé	494
Steamed Summer Vegetables	495
Steamed Broccoflower	495
Stuffed Italian Tomatoes	495
Summertime BBQ Corn on the Cobb	496
Sweet Snap Peas	496
Vegetables the Roman Way	497
Whipped Potatoes	497
Zucchini Pie	497

Appendix 499

Useful Conversions	499
Cooking Temperatures	500
Cooking Terms	501
Seasonings and Rubs	507
Notable Books on Cooking	508